

Volunteer opportunity: Versatile volunteer

The Domaine des Courmettes, managed by the association A Rocha France, welcomes and organises a wide variety of activities, concentrated between April and October. These range from welcoming visitors and walkers, and running nature walks, to residential visits, courses and workshops, as well as weddings each weekend! Visit www.courmettes.com to find out about the various activities in our magnificent setting (click the language button to read it in English).

There is always something that needs doing on this enormous estate, which includes large buildings, and the tasks where your help would be welcome are varied and could include:

- Cleaning and other housework
- Maintenance of the buildings and DIY
- Cooking
- Gardening
- Welcoming the public (walkers and other visitors)
- Running the 'buvette' (mini café), with due regard to all the necessary sanitary conditions
- Helping to welcome groups that are staying
- ... and many other things!

There's **no need for particular qualifications**, but **motivation, good humour, a taste for contact** with others, and even community life if you choose to come and live with us, will be appreciated. **Some knowledge of the French language** would be useful !

So :

- **You live locally** to Courmettes and are available in the daytime on a regular basis? We would be delighted to welcome you to help out with one or other of these activities on a regular basis.
- **You live further away** and have a number of free weeks to spare? We would welcome you for a resident volunteer position.

Other important information:

- For one-day help, we ask that you give us a commitment for a period long enough for it to be of benefit to all of us (e.g. once a week for several months).
- For residential help: a minimum of 2 to 3 weeks, and up to several months.
- There is the possibility of accommodation (depending on availability: a room or a tent).
- Cost: room 15€–20€ / day; tent 10€ – 13.5€ / day, depending on the length of stay

If you have a heart for A Rocha's mission and helping us to keep the place alive, join us!

To apply, please fill out our [volunteer application form](http://www.courmettes.com). This form also applies to other international opportunities, so please note 'Les Courmettes' and which opportunity most interests you in response to the question 'Where do you want to volunteer?'